



Consent for Acne Treatment

Your permission is necessary before commencing any treatments. The permission form is intended to be a tool to ensure that you have been informed about your procedure, the risks and the benefits, and to provide you with a chance to ask your questions.

Acne treatment using the Harmony AFT is a gradual process. Most individuals require 8 to 12 treatments to reduce the acne. The light is pulsed over the face and it feels like a mild rubber band snap. After a procedure, the skin is often pink in its appearance, and there can be some mild transient worsening of the acne before it improves. Before and after a treatment, we would ask you to strictly avoid tanning for 4 weeks.

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There are a few risks with any light based treatment. The majority of individuals have no problems with the treatments. Up to 5% of people may experience bruising – which can be very deep purple for a week or sometimes a little longer. Uncommon side effects would include blistering and pigmentation changes. Rare / unexpected risks would include scarring. For men, there is a concern that the light emitted may reduce their beard hair.

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Many acne medications cause the skin to be sensitive to light. Please remind the staff at every visit about your medications. We will likely request that you stop taking your oral medications and creams several days before each treatment. If you have taken a drug called Accutane within the last year, you must inform the staff immediately, as this medication may leave you light sensitive for an extremely long time and we do not wish to burn you with the light treatments. If you took Accutane – we must delay your treatment.

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Ultimately, we are here to help you & want your experience to be a pleasant one. Please call us with any of your concerns. The contact number for any concerns is: _____. You will be provided with a card with this number on it.

In signing, I _____(print name) give permission to undergo a
acne treatment.

_____ (sign name)

_____ (date)